

West Great Lakes ACA Intergroup

Chicagoland, SE Wisconsin, NW Indiana Adult Children of Alcoholics and Dysfunctional Families



"The longest journey begins with a single step." ~Lao Tsu

- Open Event -

Chicago Walk and Talk - 2018



Montrose Harbor, Cricket Hill Area,

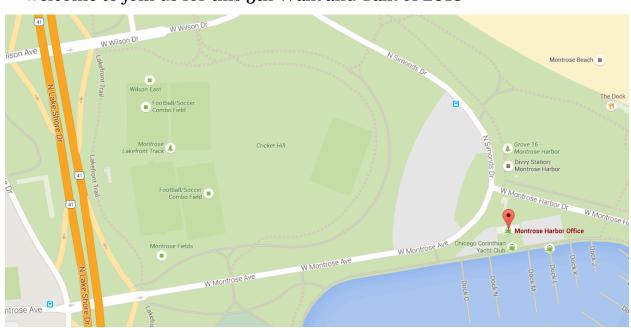
660 W. Montrose Dr., Chicago, IL. (Off Lake Shore Drive between W. Wilson Dr. + W. Montrose Ave.)

Sunday, August 26 @ 9:00am

We'll meet at 9:00am and start walking at 9:15am. Look for breadcrumbs if you arrive late. We normally walk for 1 or $1^{1/2}$ mile, and we'll supply water.

All Adult Children of Alcoholics and other dysfunctional families are welcome to join us for this 5th Walk and Talk of 2018

Let's get together to share our hearts and soles (get it?)



Afterwards we'll have a picnic luncheon near Lake Michigan. Pack a lunch or buy one there. More information to follow in the August flyer.

Please RSVP to Kathleen A. at 847-946-0170 Thanks!

More info: westgreatlakesaca.org | We will provide cold water!

Remember: Take this flyer with you. (It's OK to share with other ACA's too)

